



D.b.a. 21st Century Oncology

VASECTOMY

Instructions

BEFORE:

- You will need somebody to drive you.
- The procedure lasts 20 - 30 minutes.
- Bring the medications with you to the office (Percocet & Valium) – DON'T TAKE THEM until instructed in our office by our staff!
- Shave the area, as instructed, the night before.
- The morning of the procedure:
 - You MUST eat breakfast
 - Limit to 1 coffee

AFTER:

- Local anesthesia is used to completely numb the surgical sites. NO SCAPEL will be used.
- 1 or 2 dissolvable stiches will be used to close each of the two sites, these stitches are yellow/brown in color and will dissolve on their own in about 1 week.
- You can shower the day after the procedure. No special bandages are needed.
- No intercourse or exercise for 1 week after procedure.
- Your urination, ejaculate volume, or sensation of ejaculation will not change.
- Ice the area that afternoon and the following morning.
- The incisions/scrotum may become black and blue.
- You will return 1 week after the procedure for a Follow Up appointment.
- You will need to do a Semen Analysis 3 months after the procedure.
- Practice safe sex for the next 3 months.