

YOU HAVE BEEN SCHEDULED FOR A **PROSTATE ULTRASOUND AND PROSTATE BIOPSY**

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION: \_\_\_\_\_

PRE BIOPSY INSTRUCTIONS:

- Stop taking all blood thinners 1 week prior to the procedure (Aspirin, Coumadin/Warfarin/Jantoven, Plavix (Clopidogrel), Eliquis (Apixaban), Heparin, Pradaxa (Dabigatran), Xarelto (Rivaroxaban), Brilinta (Ticagrelor), Ibuprofen, Aleve, Motrin, Advil).
- You are allowed to eat or drink the morning of the procedure; you do NOT have to fast
- Take your regular medications (except any blood thinners)
- On the morning of your procedure, while still at home, please administer a Fleet Enema rectally. This must be purchased at a pharmacy.
- An antibiotic prescription has been given to you – start taking these the day BEFORE the procedure. Most patients are given Ciprofloxacin (“Cipro”) 500mg twice a day x 3 days (6 pills given).
- Keep track of taking these pills and the enema by checking the boxes below:
  - Day *before* procedure:  (Morning)  (Evening)
  - Day *of* procedure:  Enema  (Morning)  (Evening)
  - Day *after* procedure:  (Morning)  (Evening)

POST BIOPSY INSTRUCTIONS:

- You do NOT need someone to drive you home as this procedure is being done with local anesthesia.
- Procedure typically takes under 15 minutes
- You can resume your regular diet and shower normally after the procedure.
- Please stay at home the afternoon of the procedure; you can resume normal activities the next day if there is no blood in your urine.
- It is not uncommon to see blood in your urine or stool for up to 3-5 days after the biopsy.
- You may see blood in your semen/ejaculate for as long as 6 weeks after the biopsy.
- You can resume your blood thinners 2 days after the biopsy.
- Please finish the antibiotic pills as described above.

CALL OUR OFFICE IF:

- Temperature over 101.5
- Chills/shakes
- Trouble voiding or not voiding at all
- Heavy urinary or rectal bleeding

\*\* Please be advised that you may receive a bill from the pathology laboratory (not our office) for preparation of the biopsy slides. Your insurance may cover all or only a portion of these charges; the remainder is the patient’s responsibility. You are responsible for knowing and understanding your insurance policy. Please be aware that even though you have medical insurance, a procedure still requires a financial responsibility on the part of the patient. This responsibility obligates you to ensure payment in full for the services you receive. It is the patient, not the insurance company, who is ultimately responsible for all payment obligations arising from their treatment. You are responsible for deductibles, co-payments, co-insurance amounts, and/or any other patient responsibility indicated by your insurance carrier.

It can take up to 7 days for us to receive the biopsy results; we do not give results over the telephone. You have an appointment for you to review these results with Dr. Disick in our office. This is a separate and distinct office visit and is not “included” as part of the biopsy; regular office visit copays and billing procedures apply.

Office Appointment for Biopsy Results: \_\_\_\_\_

By signing this document, you have read and agree to all above: \_\_\_\_\_