

## YOU WILL BE SCHEDULED FOR A SURGICAL PROCEDURE:

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Our surgical coordinator, Gretchen, will be contacting you with the specific date & time of this surgery, once our office schedules it at the hospital. Expect to hear from us in 3-5 days from today.

Please note that it is your responsibility to schedule a pre-surgical clearance appointment with your primary care physician for at least 1 week before your surgery. We will let that Doctor's office know what procedure you are having and what blood tests/x-rays are required.

The day before surgery, the hospital (*not our office*) will contact you at some time before 5pm, instructing you exactly where and when you are to report on the day of your surgery. Additionally, the hospital will also contact you regarding any necessary insurance information.

The Anesthesiologist will discuss and answer any of your concerns/questions about the anesthesia for your surgery.

### ***OTHER INFORMATION***

1. Please stop all "blood thinners" (Aspirin, Coumadin, Plavix, Ibuprofen, Pradaxa, Motrin, Aleve, Advil, Heparin, Lovenox, etc.) **SEVEN** days prior to surgery.
2. **Please do not eat OR drink anything starting at midnight the night before your surgery.** You can take your regular medications (except blood thinners) on the morning of surgery with a very small amount of water.
3. Please bring a list of your current medications, allergies, family member's phone numbers, IDs, and insurance cards with you to the hospital.
4. If you are having same-day surgery, don't forget to arrange for a ride home. You are not permitted to drive yourself home.
5. If you are staying in the hospital after your surgery, some things you may want to bring with you are: toothbrush/toothpaste, glasses/contact lenses, cellphone/charger, robe, bedroom slippers/flip flops, eyemask/ear plugs, & comfortable clothes to change into upon discharge.